

2012 LIT Session Dates & Fees

2. July 1st-July 14th 2012
3. July 15th -July 28th 2012
4. July 29th -August 11th 2012

Fees & Expenses:

In-State Resident: \$970.00

Out of State Resident: \$1,070.00

LIT Campers may bring money, with them for out of camp trips, if they choose to do so it should be no more than \$20.

The Camp Director/Executive Director is always available to answer any questions from potential parents or participants about the LIT program, please use the contact information below to do so.

YMCA Camp of Maine
305 Winthrop Center Rd.
Winthrop, ME 04364

Phone: (207) 395-4200

Fax: (207) 395-7230

Email: info@maineycamp.org

www.maineycamp.org

Other Programs the YMCA Camp of Maine offers:

- Two Week Residential Camp
- One Week Residential Camp
- Teen Adventure Camp (Off site traveling camp)
- School Trips & Outdoor Education
- Conferences, Retreats, & Group Rentals

We can custom design conferences, retreats, school trips, and outdoor education programs for your group, contact us at the contact information above for details!

Directions to YMCA Camp of Maine

- We are located in Central Maine approximately an hour from Portland and Bangor.
- Commercial Bus Service is available to Augusta, Maine and by plane from Boston and New York City to Portland, Maine. The Camp Director will make arrangements to meet all LIT's upon their arrival.
- Take the Augusta/Winthrop exit #109 off of the Maine Turnpike, go West on Route 202 for 5.6 miles to Route 135, turn left, 1 1/2 miles to camp.
- Our GPS & Internet map address is: 305 Winthrop Center Rd., Winthrop, ME 04364
- When you arrive at camp, take the first driveway where the camp sign is.



Located on picturesque Lake
Cobbosseecontee; Winthrop, Maine

Building Kids up in Spirit, Mind, &
Body Since 1915!

Leader-In- Training Program-LIT

Designed for Teens
ages 15 & 16

A leadership development
program providing young adults
with the training to become an
exceptional leader.

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What is the Leader-In-Training Program?

The leader-in-training program is a leadership development program designed to provide a young adult with the skills and knowledge to interact and communicate successfully with individuals and lead group of all ages successfully.

The program focuses on emotional, social, educational, and spiritual growth. Personal disciplines such as responsibility, patience, altruism, punctuality, and persistence are developed and nurtured during the two-week LIT session.

- LIT's will have the opportunity to interact with younger campers, and assist camp leaders with the daily routine of teaching skill classes and assist cabin leaders with leading cabin group by shadowing experienced camp staff.
- LIT's will gain invaluable experience in supportive environment.
- LIT's will attend some of the same workshops that our staff go through during staff orientation
- LIT's will have the opportunity to be trained in CPR/AED & First Aid.
- **PLEASE NOTE:** Although the LIT Program once completed does not guarantee the participant a camp leadership positions, several of our camp staff are graduates of our LIT program.

LIT Program Goals

The goal of the YMCA Camp of Maine LIT program is to provide leadership training for teens that have already learned the fundamentals of residential camp and are interested in being a future camp leader. Emphasis is placed on the YMCA Core Values of caring, honesty, respect, & responsibility. As well as the development of the LIT in Spirit, Mind, & Body. Participation in this program will help teens feel confident in the knowledge, experience, and leadership skills to apply for the position of a camp cabin leader.

- LIT's also gain the confidence to become active members of their communities. Participants in this program develop understanding and acceptance of others through their experiences at YMCA Camp of Maine.
- The program focuses on child-development principles, managing camper behavior, decision-making skills, communication techniques, teambuilding skills, & program planning.

Who should apply?

The LIT program is a goal many campers look forward to while they're campers. It is a valuable to teens that are prepared to accept the responsibilities of hard work, while learning and gaining skills as well as satisfying results from achieving their goals.

Registration

- **Be at least 15 years of age** and have completed the 9th grade to apply for the LIT program.

Registration Continued

- **Complete the LIT application form and a 100 word essay** on why you wish to be in the LIT program; along with your \$100.00 deposit and camper's registration to the YMCA Camp of Maine, the \$100.00 is applied to your tuition fee.
- Distribute 3 reference forms to individuals who you know well and are not relatives, Teachers, ministers, neighbors, or employers are examples of good references.
- Once we have received all your application materials, including your deposit and reference forms, we will send you a letter advising you of the status if your application and if you have been accepted in to the LIT program.

Leader-In-Training Staff

The YMCA Camp of Maine hires an LIT Director who exhibits excellent leadership abilities and strong values as a YMCA Camp leader, the LIT director is responsible for guiding participants through the program. With YMCA staff direction and a comprehensive, LIT manual as a resource the LIT director guides participants through this program, every step of the way, building their individual skills and helping them to gain confidence as leaders in their work at the YMCA Camp of Maine.