

2009  
SESSION DATES and FEES

**Session Dates:**

1. June 21<sup>nd</sup> - July 4<sup>th</sup>
2. July 5<sup>th</sup> - July 18<sup>th</sup>
3. July 19<sup>th</sup> - August 1<sup>nd</sup>
4. August 2<sup>rd</sup> - August 15<sup>th</sup>

**Fees:**

In-State Resident ~ \$870.00

Out-of-State Resident ~ \$920.00

Other programs offered by the YMCA Camp  
of Maine

- Two Week Regular Camp
- One Week Regular Camp
- Teen Adventure (off-site) Camps
- Group Rentals and Conferences

For more information on these programs,  
please contact the camp office  
(207) 395-4200

YMCA CAMP  
of Maine

**DIRECTIONS TO CAMP**

Take the Augusta/Winthrop exit #109 off  
the Maine turnpike, proceed West on Rt. 202  
about 6 miles, turn left onto Rt. 135 South,  
camp will be on the left. Travel time from  
Bangor or Portland is about an hour.

Commercial bus service is available to  
Augusta, ME and by plane from Boston and  
New York City to Portland, ME. The Camp  
Director will make arrangements to meet all  
campers upon their arrival.

YMCA CAMP  
of Maine

*Celebrating 94 years of service to  
Maine Youth*

**LEADER-IN-TRAINING  
PROGRAM**

FOR TEENS AGES 15-16

A leadership program providing young  
adults with the training to become an  
exceptional leader.

**We build strong kids, strong  
families, and strong communities.**

## WHAT IS THE LEADER-IN-TRAINING PROGRAM?

The leader-in-training program is a leadership program designed to provide the individual with the skills and knowledge to interact with individuals and lead groups of all ages. The Program focuses on emotional, social, educational, and spiritual growth. Personal disciplines such as responsibility, patience, altruism, punctuality, thoroughness, and persistence are developed and nurtured during the two-week training session. □ L.I.T.'s will have the opportunity to interact with younger campers and gain invaluable experience in a supportive environment.

➔ Although the L.I.T. Program, once successfully completed, does not guarantee the participant a camp leadership position, several of the leaders who work here are graduates of this program.

## PROGRAM GOALS

The goal of the YMCA Camp of Maine L.I.T. Program is to provide leadership training for youth who have already learned the fundamentals of good camping and are interested in being a future camp leader. Emphasis is placed on the YMCA values of caring, honesty, respect, and responsibility. Participation will help teens feel confident in the knowledge, experience, and leadership skills needed to apply for the position of a camp leader. ► L.I.T.'s also gain the confidence to become active members of their communities. Participants in this program develop understanding and acceptance of others through their experiences at YMCA Camp.

## REGISTRATION

To be eligible for the L.I.T. Program you must:

- ☒ Be at least fifteen years of age and have completed 9<sup>th</sup> grade
- ☒ Complete the L.I.T. application form and a 100 word essay on why you wish to be in the L.I.T. Program; along with your \$100.00 deposit and camper's registration to the YMCA Camp of Maine, which is applied to your camp tuition fee.
- ☒ Distribute three (3) references forms to individuals who you know well and are not a relative. Teachers, ministers, neighbors, or employers are examples of acceptable references.

Once we have had the opportunity to review your application and references we will send you a letter letting you know the status of your application and if you have been accepted into our L.I.T. Program this year.

*If you have any questions about the Leader-In-Training Program please contact the camp director at*

*YMCA Camp of Maine  
305 Winthrop Center Road  
P.O. Box 446  
Winthrop, ME 04364*

*(207) 395-4200*

[info@maineycamp.org](mailto:info@maineycamp.org)

## WHO SHOULD APPLY?

The Leader-In-Training Program is a goal many campers look forward to while they're campers. It is valuable to teens that are prepared to accept the responsibilities of hard work, while learning and gaining skills as well as satisfying results from achieving their goals.

## LEADER-IN-TRAINING STAFF

The YMCA Camp of Maine hires an L.I.T. director who exhibits excellent leadership abilities and strong values as a YMCA Camp Leader.

The L.I.T. Director is responsible for guiding the program participants through the L.I.T. Program, which focuses on managing camper behavior, decision-making skills, communication techniques, group building skills, and program planning.

With YMCA staff direction and with the L.I.T. manual as a resource tool, the L.I.T. director guides the participants through this program, building their individual skill levels and helping them to gain confidence as leaders in their work at the YMCA Camp.

The Camp Director is always available to answer any questions the participant or parent might have about the L.I.T. Program.

## OTHER EXPENSES

✦ L.I.T. campers may bring spending money with them for out of camp trips during the two-week session. If so, it should be limited to \$20.